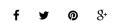


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## necessities for your outdoor office

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Summer, summer, summertime. Just because you still have to go to work (which is totally unfair) doesn't mean that you can't enjoy the sunshine and weather. We have a great patio at our apartment and I couldn't resist the urge to move my office outside this season. There are definitely some necessities you need specifically for an outdoor



HEY, I'M DESI!

I'm a northern girl born in Michigan and living in Chicago. I love music, travel, fitness, and beer. I really like to laugh and listen to The Hold Steady. Read more or follow me on social media! If you're new here, be sure to check out some of the most popular posts!

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office – here are my must-haves for making the move away from the desk!

A Great Table: I have this set from Target – it even fit in my Ford Fiesta! I definitely recommend getting an umbrella, even if you don't opt for a set like this. It will help to have something to hide some of the reflection on your screen (and give you a place to sit in the shade when the temps get too hot.)

An Eye Saver: Speaking of screen glare, something that has been a total game changer for me is the NuShield Dayvue Antireflective Screen Protector. It has solved a problem I didn't even really know I had. Initially, I got it to help with the glare I was suffering with outside. Basically, I was only able to work outside in the mornings, and the sun was so harsh by the afternoon that even the umbrella couldn't do enough. With this film, it's possible to read my screen more easily outside and inside. Until I put it on, I didn't realize how often I was squinting at the screen, causing tension and headaches. It was an easy application and though it suggests having someone help out on standby, I was able to apply it well on my own. You can even see in these photos how well it's working: before I put the film on, and after!



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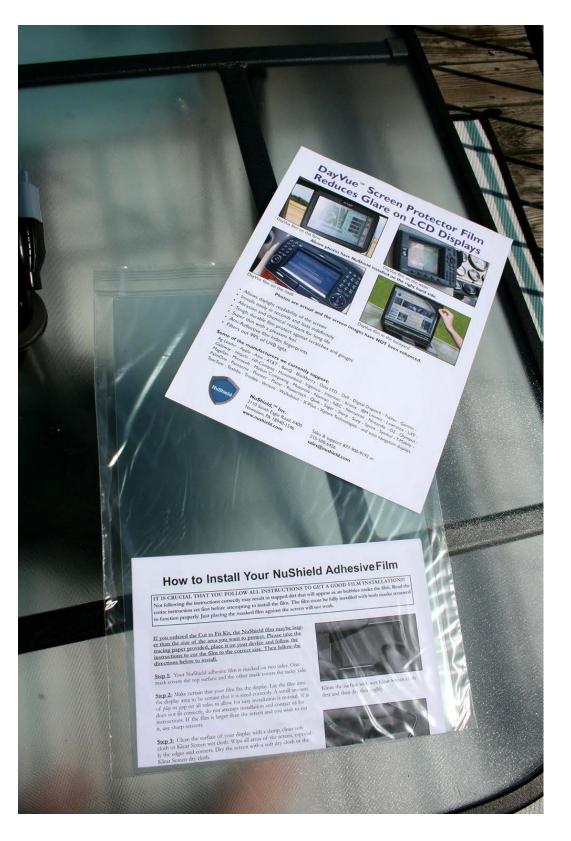


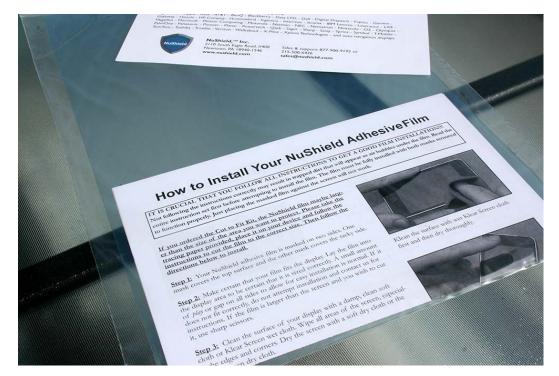
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**Something To Keep Splinters At Bay**: Since you're likely spending a lot of time outside, your toes will want to stay comfy too. Outdoor rugs are great and really trendy right now. I got one that matches the color of the patio set, and I think Dani is just glad I didn't outfit the patio with astroturf. (Even though I really want to.)



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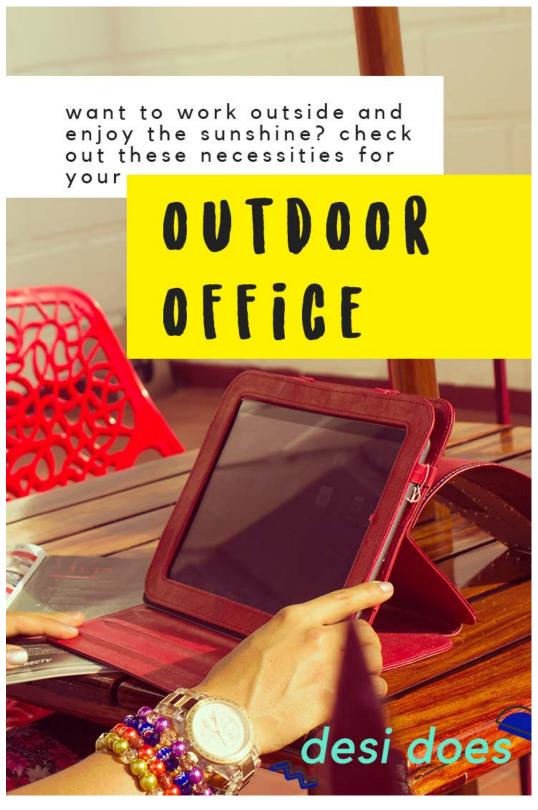
SPF... A Lot of SPF: With the extra time in the sun, you'll want to be sure to keep your skin safe. My favorite facial sunscreen is still Block Island Organics facial moisturizer (yep, I'm still loving it.) Your body needs to be covered, too – Sun Bum is my favorite sunscreen for its cool coconutty scent.

Laptop Air Conditioning: Your body isn't the only thing that will heat up outside.

Computers are also susceptible to heating up. I recently upgraded to a Cooler Master

Notepal after using the ultra-slim model for years. It's an external fan that will help keep

your computer from overheating, helping with ventilation and even adding some ergonomics to your keyboard. Keeping your tools in working order is important in keeping the outdoor office working!

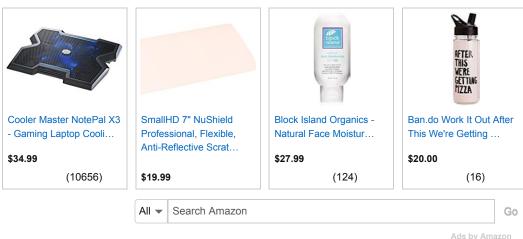


**Bug Repellent**: I like to work into the night (and even if I'm not typing away, I'm probably out there with my nose in a book.) The bugs around us aren't too bad, but I like a citronella candle on deck just in case they get overwhelming.

Water, Water: Even if you don't feel it, you're going to be sweating in that heat.

Stave off dehydration or sunstroke by staying ahead on your H2O. I like Hydroflasks they really do keep your water cool, even in 80 degree heat. If it's hard for you to remember to drink a specific amount, get a Nalgene bottle and mark off times so you're sure to be drinking throughout the day. Or, take a page from Dani's bullet journal and add a water tracker to yours!

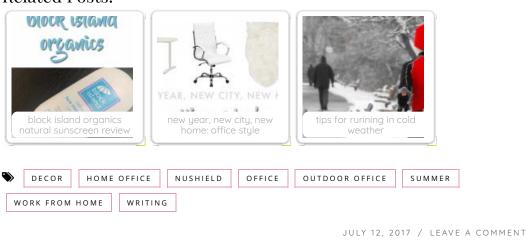
#### My Amazon Picks



Snacks: The best part, right? Keeping your body full is just as important as drinking enough water. Fruit salad is my favorite summer snack. A charcuterie board and cheese plate is also a really great option! Protein is also super important for energy – I really like paleovalley's meat sticks and, of course, Justin's Nut Butters.

## Do you work outside in the summer? What do you bring to your outdoor office with you?

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